

RESOURCES – ND NATIONAL GUARD

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Psychological Health Program

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Military OneSource

Marian Geekor, State Consultant
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Soldier and Family Readiness Centers

Bismarck: RJB

Suzanne Richards 701-333-3808
Dave Kenney 701-333-3807

Minot: AFRC

Gary Siewert 701-420-5861

Devils Lake: CGTC

Derrick Childs 701-665-7896

Grand Forks: Armory

Katrina Fessler 701-792-4568

Fargo: FAFRC

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Resilience, Risk Reduction & Suicide Prevention

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Army Suicide Prevention Coordinator

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Child & Youth Program

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Sexual Assault & Harassment Response (SHARP)

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Mr. Charles Votava, East Region SARC

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Shanna Lindequist, Victim Advocate

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Personal Finance Counselor

Vacant / Financial First Aid Kit



RESOURCES – ND COMMUNITIES

Suicide Prevention

Emergency/Police: call or text 9-1-1

National Suicide & Crisis Lifeline: 9-8-8 (for Veteran specific assistance press “1”)

FirstLink 211 Resources and Services Directory: call 211

Directorate of Prevention, Resilience and Readiness <https://www.armyresilience.army.mil/>

Department of the Air Force Integrated Resilience <https://www.resilience.af.mil/>

Mental Health Resources

National Crisisline: 988 or FirstLink Fargo, ND at 211

North Dakota: Find Services near you at <https://www.hhs.nd.gov/behavioral-health.com>

Drug/Alcohol Abuse

Hopeline: 1-800-622-2255, follow prompts to get to the National Treatment Referral Service

SAMHSA National Helpline: 1-800-662-4357 or Drug Abuse Hotline: 1-877-659-0561

VA Healthcare/Substance Abuse Treatment Program: Fargo 701-239-3700

Recovery Talk: Peer Support 24/7: 1-844-44TALK2 (1-844-448-2552)

Sexual Assault/Abuse

National Sexual Assault Hotline 1-800-656-4673

DoD Safeline: 1-877-995-5247, text 55247, or chat online at www.safehelpline.org

Counsel on Abused Women’s Service (CAWS) North Dakota: 701-255-6240

NDNG Helpline: 701-425-4821

Domestic Abuse:

National Domestic Abuse Hotline: 1-800-799-7233 or chat online at www.thehotline.org

National Child Abuse Hotline: Call or text 1-800-422-4453; For chat help go to childhelphotline.org

Abused Adult Resource Center (located across the State) 701-222-8370 or 24/7 Crisis Line: 1-866-341-7009

Military Support

Military OneSource: 1-800-342-9647 or Vets4Warriors: 1-855-838-8255

Vet Center: Bismarck 701-224-9751, Minot 701-852-0177, Fargo 701-237-0942, Grand Forks 701-620-1448

National Call Center for Homeless Veterans: 1-877-424-3838 or va.gov/homeless

Family Support Services

The Village: Bismarck 701-255-1165, Fargo 701-451-4900, Grand Forks 701-746-4584, Minot 701-852-3328

Military Service Center: 1-800-242-4940

Aging Services 60+: 701-328-4601

Youth Support Services

Teen Line: 1-800-852-8336 or text “Teen” to 839863 (8PM-12AM CST)

National Runaway Safeline: 1-800-786-2929 or text 66008

LGBT Support Services

LGBT National Hotline: 1-888-843-4564

LGBT National Youth Talkline: 1-800-246-7743

Sage LGBT Elder Hotline: 1-877-360-5428