

Retirement Information Updates for 2026 for Arizona RAD

Retirement Service Officers

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2026 Updates and Changes in Retirement Benefits and Services

Tricare and Medicare Changes 2026

FEDVIP Open Season and changes to website

Federal Long Term Care Insurance

The My Auth replacing DS Logon

Friendly Reminders

Accessing Retiree Support Services

Tricare Changes 2026

<https://tricare.mil/>

- Please see the Tricare Cost and Fees sheet at <https://tricare.mil/Costs/Compare>
- Tricare for Life Handbook at https://tricare.mil/FAQs/TFL/TFL_Handbook
- If you have specific Tricare Questions, it's usually best to ask Tricare directly.
 - Tricare West (for Select & Prime in Arizona) 1-888-TRIWEST
 - Tricare for Life 1-866-773-0404
 - DEERS/RAPIDS & Tricare Specialist for the NDARNG POC:
 - Mrs. Jane Walth : 701-333-3072 or jane.m.walth.civ@army.mil

Medicare Changes 2026

(Reminder Medicare
A&B required for TFL)



Medicare Part (at age 65) : \$ **202.90 each month** (or higher depending on your income). The amount can change each year. You'll pay the premium each month, even if you don't get any Part B-covered services.
<https://www.medicare.gov/basics/costs/medicare-costs>



Medicare website: <https://www.medicare.gov>



You can sign up for email updates now at the website.

FEDVIP – Dental and Vision

- Open Season for **Tricare** and **FEDVIP** (dental and vision) will be middle of November 2026 to middle of December 2026.
- Enrollment can be completed through BENEFEDS, the government-authorized online portal for FEDVIP, by going to <https://www.benefeds.gov/>. Featuring 24/7 access across computers and smart devices, BENEFEDS provides online tools and education to help you research, enroll in, and manage your FEDVIP coverage. BENEFEDS also administers the billing systems and customer service functions necessary for the collection of FEDVIP premiums.

FEDVIP LOGIN CHANGES

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- **Login.gov is the new sign-in service for BENEFEDS.gov and LTCFEDS.gov**
 - The U.S. Office of Personnel Management (OPM) partnered with Login.gov to enhance online account security for BENEFEDS.gov and LTCFEDS.gov users. Login.gov replaced the authentication process and credentials site visitors previously used to access their BENEFEDS and FLTCIP online accounts.

Federal Long Term Care Insurance

- OPM published a **Federal Register Notice of Suspension**, effective December 19, 2024, extending the original suspension period expiring on that date, pursuant to 5 CFR 875.110(d). The suspension will remain in effect for 24 months, unless OPM issues a subsequent notice to end or extend the suspension period. This means that while the suspension is in effect, individuals not enrolled may not apply for coverage, and current FLTCIP enrollees may not apply to increase their coverage.
- New website: <https://www.ltcfeds.gov/>



Federal Long Term Care Insurance

Login.gov is the new sign-in service for
LTCFEDS.gov

The U.S. Office of Personnel Management (OPM) partnered with **Login.gov** to offer enhanced online account security to Federal Long Term Care Insurance Program (FLTCIP) enrollees. Login.gov has replaced the login process and credentials you previously used to access your **My LTCFEDS** account. You now have even more authentication options to choose from with Login.gov.

Impact of ID Card Changes at Retirement

- Soldier turns in Common Access Card (CAC)
- The Retired Uniformed Services ID (USID) card is not a CAC, so... – No access to DOD Enterprise Email – No access to CAC-enabled systems – Must change myPay account to commercial email – Must obtain DS Logon and myAuth Accounts to access records and systems
- DOD has transitioned to the issuance of a more secure next generation USID to replace the former paper-based USID. Although the new USID looks like a CAC, it does not contain a chip.

For more information go to <https://www.cac.mil/Next-Generation-Uniformed-Services-ID-Card/>

DS Logon: Request an account online at <https://www.dmdc.osd.mil/identitymanagement> or visit an ID Card facility or VA Regional Office

myAuth: Create an account online using your DS Logon or CAC by going to <https://myaccess.dmdc.osd.mil/identitymanagement/app/login/myauth>



The My Auth is replacing DS Logon



- What is myAuth? - myAuth will be your new digital login, replacing DS Logon. With myAuth, you can use your CAC or username/password plus a secure multi-factor authentication method to access multiple DOD websites with just one login.
- What is changing? - DOD is rolling out myAuth in phases, which started with milConnect and ID Card Office Online (IDCO) on 20 May 2025. Over time, all DOD Applications that use DS Logon will be transitioned to myAuth. - There is a new login page and streamlined account creation process. - You will continue to use your DS Logon account with other applications until they have transitioned to myAuth.
- How will this benefit me? - Easy Access: Log in once, access multiple sites. - Enhanced Security: More options to protect against unauthorized access. - User-Friendly Experience: Simple interface and easy account management.

Friendly Reminders

Army Echoes

- The Army's official newsletter for Retired Soldiers
- Delivered electronically to your email address in **myPay**
- *Change your email address in myPay to a commercial email address before you retire!*
- iPhone & Android phone apps
- Available to over 1M Retired Soldiers and 250K surviving spouses quarterly.



<https://soldierforlife.army.mil/Army-Retirement/Post-Retirement/Army-Echoes-Newsletter>

**U.S. Army
Retired Soldier Handbook
2026**



**Your mission has changed,
but your duty has not!**

Friendly Reminders

- U.S. Army Retired Soldier Handbook is posted at:
<https://www.soldierforlife.army.mil/Army-Retirement/Post-Retirement>
- Its TAX season be sure you have received your 1099R if not you can request a duplicate at www.dfas.mil.



DEFENSE FINANCE AND ACCOUNTING SERVICE
PROVIDING PAYMENT SERVICES FOR THE U.S. DEPARTMENT OF WAR

Accessing Retiree Support Services

The newsletters at some of these sites keep you updated each quarter as well.

- DFAS Retired and Annuity Pay: www.dfas.mil
- My PAY for your RAS: [myPay Web Site \(dfas.mil\)](http://myPayWebSite(dfas.mil))
- HRC: <https://www.hrc.army.mil/site/index.asp>
- ND Guard Webpage:
<https://www.ndguard.nd.gov>
- Tricare: <https://tricare.mil/>
- Army Echo: <https://soldierforlife.army.mil/Army-Retirement/Post-Retirement/Army-Echoes-Newsletter>
- Soldier for Life Webpage:
<https://soldierforlife.army.mil/retirement>



QUESTIONS?

